



Session 1 A Man and His Mirrors

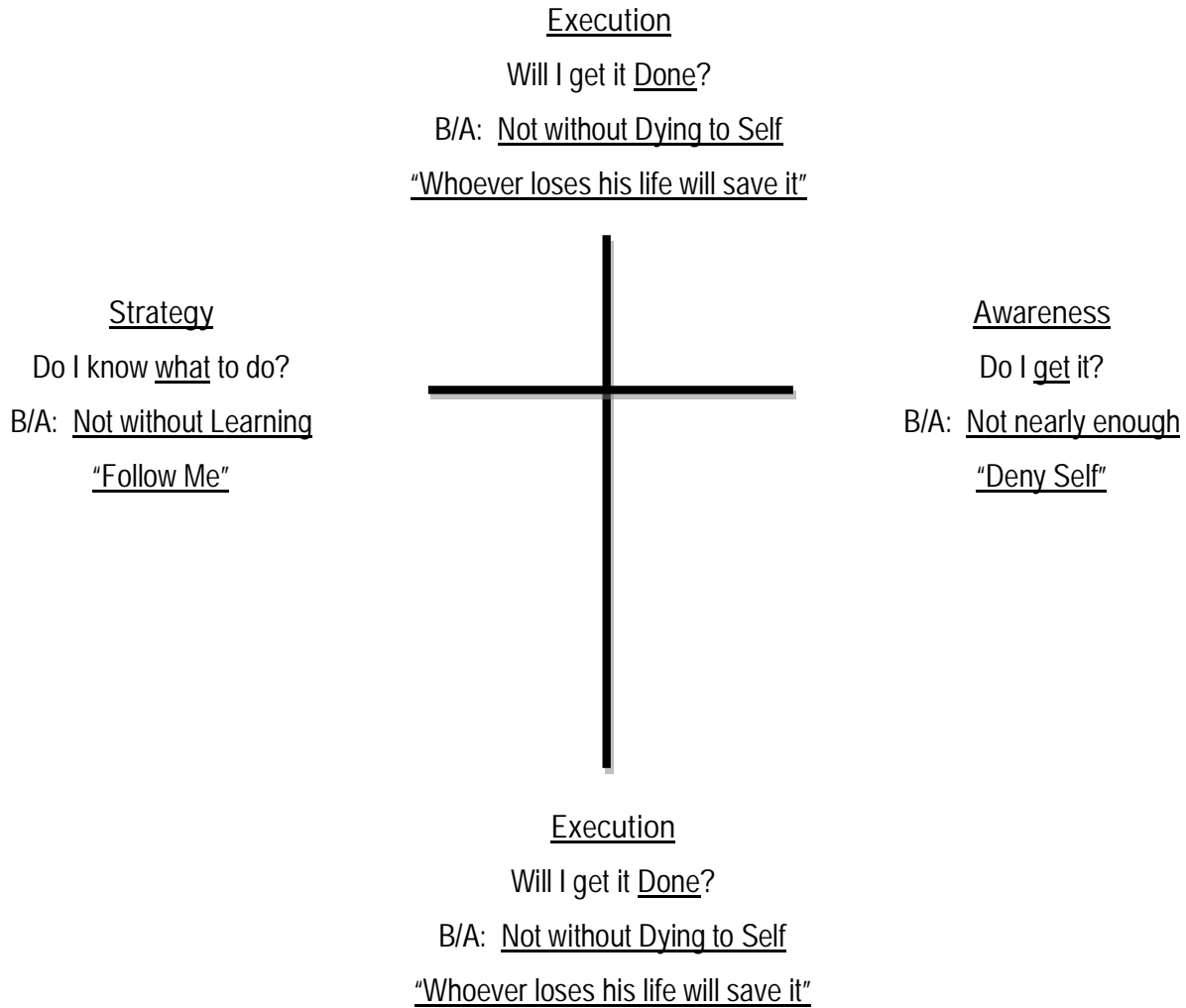
I. Welcome to Men's Fraternity!

- a. The two mirrors every man looks into
- b. A brief orientation
 - i. What it will take to succeed in our journey together
 - You need to go the distance.
 - You need to be in a small group.
 - You need to keep up – everything builds.
 - You need to apply yourself for maximum impact.

II. Promises to Every Man who Completes this Journey

- a. You will gain new insight and understanding about yourself, your wife (or girlfriend), your children, and work.
- b. You will make new friendships and deepen old ones through your small group.
- c. You will receive a lifetime game plan for raising healthy sons and daughters.
- d. You will have the opportunity to craft 10 key moves for becoming more competent and satisfied with your life at work and at home that you can apply after our time together is over.
- e. You will understand life's paradox principle and have opportunities to practice it.

a. In a symbol



- b. In everyday life
- c. In spiritual life (see Luke 9:23-24)
- d. In a statement: "Die to self"

IV. Small Group Questions

1. Introduce yourself to everyone in the group and tell each other about you.
2. Which one of the five promises made in this session was most exciting to you? Why?
3. React to today's presentation of the paradox principle. How have you seen this work in your own life? What happened when you ignored this principle and tried a different way? Explain.
4. What personal expectations do you have for this year's Men's Fraternity? Explain



10 KEY MOVES – WORKING DRAFT*

10 Key moves to make at home and at work that will take me to the next level of competency and satisfaction

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

“Keep this working draft with you throughout the year. Write down potential key moves you discover from any session that could help you after the end of the year. You will use this draft to craft 10 applications to take you to the next level at work and at home.”